



# Spring into Action Challenge

## April 1 - April 30, 2023

My goals are to participate in \_\_\_\_\_  
(Activity type, duration/distance)

To contribute at least \$ \_\_\_\_\_ to the CFUW Kanata Scholarship Trust

Date	Activity	Done Y/N	Donation \$	Picture Y/N
Sat-Apr 1				
Sun-Apr 2				
Mon-Apr 3				
Tue - Apr 4				
Wed -Apr 5				
Thu-Apr 6				
Fri-Apr 7				
Sat-Apr 8				
Sun- Apr 9				
Mon-Apr 10				
Tue - Apr 11				
Wed – Apr 12				
Thu-Apr-13				
Fri-Apr-14				
Sat-Apr-15				
Sun- Apr-16				
Mon-Apr-17				
Tue - Apr 18				



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## April 1 - April 30, 2023

<b>Date</b>	<b>Activity</b>	<b>Done Y/N</b>	<b>Donation \$</b>	<b>Picture Y/N</b>
<i>Wed – Apr 19</i>				
<i>Thu-Apr 20</i>				
<i>Fri – Apr 21</i>				
<i>Sat – Apr 22</i>				
<i>Sun - Apr 23</i>				
<i>Mon –Apr 24</i>				
<i>Tue--Apr 25</i>				
<i>Wed–Apr 26</i>				
<i>Thu-Apr 27</i>				
<i>Fri – Apr 28</i>				
<i>Sat – Apr 29</i>				
<i>Sun- Apr 30</i>				
<b>TOTALS</b>				

How am I doing?  
(Notes on my progress)