



# Program Highlights 2017-18

General meetings are held on the second Tuesday of the month at 70A Stonehaven Manor, Kanata. Meetings begin at 7:00 p.m. except for those in February and March which are held over the lunch hour. (Bring a bag lunch on those days.)

**Special Events** – highlighted - are in addition to the regular monthly general meetings

DATE	PRESENTER	TOPIC
Tues, Sept.12 7:00 p.m.	<b>Season Opener</b> all club members	<b>Welcome Back!</b> Meet vibrant women, learn about the program and special events, and sign-up for Interest Groups.
<b>Wed, Oct. 4</b> <b>2:00 p.m.</b>	Frances Itani Author	<b><i>That's My Baby</i></b> - Celebrated Canadian novelist, short story writer, poet. Beaverbrook Library visiting guest author:
Tues, Oct. 10 7:00 p.m.	Carl Neustaedter Journalist	<b><i>The Shattered Mirror – The Future of Canadian Journalism</i></b> Director Communications, Public Policy Forum (PPF)
Tues, Nov. 14 7:00 p.m.	Elizabeth Rigley Health practitioner	<b><i>Smart Aging for Women</i></b> RN; passionate advocate for healthy living. Extensive research on the impact of lifestyle on aging.
<b>Sat, Nov. 18</b> <b>6:00 p.m.</b>	Local Artists and performers	<b><i>Enchanted Mosaic ... an evening with the arts</i></b> Local artists, dancers, musicians support CFUW/Kanata Scholarship Program
Tues Dec. 5 5:30 p.m.	Club social event	Christmas Party, Irish Hills Golf Club
Tues, Feb. 13 11:30 a.m.	Dr. Harry Kowal	<b><i>A Day in the Life of a Cadet at the Royal Military College of Canada</i></b> Principal RMC, DND
<b>Thurs, Mar 8</b>	Local CFUW clubs	International Women's Day – joint event with local CFUW clubs- Ottawa, Nepean, Kanata
Tues, Mar. 13 11:30 a.m.	Rachel Caven Nutritionist	<b><i>United Nations – Decade of Nutrition</i></b>
Tues, Apr. 11 7:00 p.m.	CFUW/Kanata members	Resolutions CFUW/Kanata members vote on resolutions to go forward to the national conference in June
<b>Sat, Apr TBD</b> <b>9:30 a.m.</b>	CFUW/Kanata members	<b>Coffee House-</b> gourmet coffee, home-baked sweet treats, and live entertainment with local folk musicians
Tues, May, TBD 5:30 p.m.	CFUW/Kanata club members	Annual General Meeting and Dinner

Please check our website for latest updates and complete details [www.cfuwkanata.ca](http://www.cfuwkanata.ca)